



Chewy Almond & Prune Bites

6 servings

15 minutes

Ingredients

1 cup Pitted Prunes
1/4 cup Cocoa Powder
1/4 cup Almond Butter
1 tsp Cinnamon
3 tbsps Hemp Seeds

Directions

- 1 Add the prunes, cocoa powder, almond butter, and cinnamon to a food processor and blend until well mixed and sticky.
- 2 Form into even balls with your hands, roughly one-inch in diameter. Roll each ball in the hemp seeds until evenly coated. Store in the fridge or freezer until ready to enjoy.

Notes

Leftovers: Refrigerate in an airtight container for up to one week, or freeze if longer.

Serving Size: One serving equals approximately two balls.

Nut-Free: Use sunflower seed butter, pumpkin seed butter, or tahini instead of almond butter.

More Flavor: Vanilla extract and/or your sweetener of choice.